



Hello Crusaders!!!

Hard to believe, the year, and our high school career are almost over. Here are some great things that happened in the past few months at CCHS. We will put out one more wrap-up edition in June. Thank you for reading. It's been great fun getting to know what goes on at CCHS and reporting it to you. Look for our new Crusader reporters in the fall.

- Your editors, Greg Stamas and Sarah Ingalsbe

JUST FOR FUN

Test yourself. Answers are contained in the articles and confirmed on the last page of this issue.

1. What CCHS Senior was named a Channel 10 Kid Who Cares? (p. 1)
2. Where is Kelly Stanton going to college? (p. 2)
3. Where did many of Catholic High's actors get their early training? (p. 3)
4. How many students were inducted into the National Honor Society? (p. 2)
5. What contest tests students' knowledge of global current events? (p. 3)
6. Who won the Faculty-Student basketball game? (p. 4)
7. How many CCHS students belong to the FBLA? (p. 4)
8. Which CHS Spring Sports teams are going to Sectionals? (p. 4-6)

CRUSADERS WHO INSPIRE US ALL

Crusaders go on to do impressive things, some while they are still in high school. Here are a few Crusaders who inspire us all.

Kelly Buyaskas: The National Association of Academic Advisors for Athletics (N4A) announced that 2013 CCHS graduate Kelly Buyaskas will be a recipient of its Wilma Rudolph Student-Athlete Achievement Awards. The winners will be recognized during the 2017 N4A Convention Awards Luncheon on Saturday, June 10 at the World Center Marriott Resort in Orlando, Florida (Wilma Rudolph was a sickly child who had to wear a brace on her left leg. She overcame her disabilities when she became the first American woman to win three gold medals in track and field at a single Olympics.)



The N4A Wilma Rudolph Student-Athlete Achievement Award is intended to honor student-athletes who have overcome great personal, academic, and/or emotional odds to achieve academic success while participating in intercollegiate athletics

. When she was 2 months old, doctors told Kelly Buyaskas' parents that their daughter had cystic fibrosis (CF) and that she wouldn't live past middle school. Determined to beat the odds,

Kelly followed the recommendation of her doctors and, at age

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6, began swimming as she was told that it would be beneficial to her body and lungs. Buyaskas continued to swim through high school and accepted an offer to compete at East Stroudsburg University. During her sophomore year, she made the conference tournament but was hospitalized for three weeks due to a collapsed lung. Kelly was released from the hospital just a week before the conference meet in time to compete.

During her junior year, Kelly's heart began to be affected by CF resulting in multiple surgeries, including having part of her liver and her entire gallbladder removed. Although there was a point where she thought she was not going to make it, Kelly was determined to swim during her senior season, and she did, swimming some of her best times with minimal health problems. She will graduate in the spring.

Jamale Dickson has had a burning desire to be a police officer since 2014.

Following his dream, he joined the Police Explorers in Albany three years ago. Jahmale was named a Channel 10 Kid Who Cares. A senior at Catholic



Central High School in Troy, he is a member of the Police Explorers and plans a career in law enforcement. He is a community volunteer, working with Explorer programs helping disadvantaged youths. He has helped with the annual Albany Lights in the Park to benefit the Police Athletic League and is a volunteer firefighter for the McKownville Fire Department.

Lexi Cuomo is a 2010 CCHS graduate who returned to teach Social Studies at her alma Mater in 2015. Besides being a fun and innovative teacher, Lexi has served CCHS students by starting and moderating the Social Media Club which, among other things, maintains the CCHS Facebook and Twitter Accounts. This year Ms. Cuomo received some well-earned recognition when she was named a Channel 13 TOP TEACHER.



Jalen Turner is a 2011 graduate of CCHS. He received his degree in Criminal Justice from HVCC and was sworn in as an officer in the Troy Police Force in January.

MAY CROWNING AND TOP TWELVE

By Staff

Eight of the top twelve students in the class of 2017 were taking their Chemistry AP exam on May 1 so the traditional crowning was held the following day, May 2. May 1 was a beautiful, sun-shining day but, unfortunately May 2 was dreary and rainy so the crowning had to be held in the Msgr. Burns gymnasium. Everyone's spirits were sunny however, as Senior Sarah Ingalsbe, perched atop the school ladder, placed the crown of flowers on Mary's statue. After a short prayer and hymn the Seniors processed to the Library for the announcement of the academic top twelve in the Class of 2017 and a delicious breakfast.



The top 12 students for the class of 2017 and the college each will attend are: Valedictorian Emily Spoor - RPI, Salutatorian Madison Miller - RPI, Angela Nichols - SUNY Freedomia, Alexandria Jones - Pratt Institute, Alison O'Keefe - Providence

College, Kelly Stanton - Cornell University, Colleen McDonnell - Dequesne University, Lai Yujia - U of



Washington @ Seattle, Rachel Backstrom - College of Wooster (Ohio), Sarah Ingalsbe - Marist College, Emily Hogan - SUNY Oneonta, Bayly Lammon - College of Saint Rose. Congratulations on a job well done!

NATIONAL HONOR SOCIETY INDUCTION

On May 4th, 28 students were inducted into the CCHS chapter of the National Honor Society. The evening began in the school library with punch and cookies. The formal ceremony commenced at 7 p.m.



Students are first eligible to apply for membership after their first academically successful year of high school. In addition to a selective academic record, students must demonstrate qualities of Scholarship, Leadership, Character, and Service and these attributes must be confirmed by recommendation of their teachers. The new members are: Emily Carlow, Lisa Casale, Anna Clement, Joseph Clinton, Zephaniah Cooper, Lauren Costello, Kara Eckhardt, Maya Ellis, Bailey Engel, Zoe Evans, Claudia Fountain Tess Gauthier, Delaney Graber, Jared Jiminez, Rebecca Kline, Karissa Koberger, Samantha Lee, Melanie Len, Peter Manley, Liam McDonald, Samantha McNabb, Angela Morabito, Keegan Nadeau, Madisyn Pausley, Ian Spoor, Danielle Turner, Nicolette Ucci, and Emma Voska.

This year's induction ceremony was led by co-moderators Ms. Giuliano and Mrs. Kania. After the traditional readings,

students lit candles and took the Society's pledge. The ceremony closed with a prayer and a song led by Mrs. Kania.



After the traditional readings, students lit candles and took the Society's pledge. The ceremony closed with a prayer and a song led by Mrs. Kania. New NHS member Liam McDonald said that the ceremony was impressive. He especially liked the pledge taken by candle light and the recognition of the qualities of scholarship, leadership, character, and service demonstrated by the inductees. New member Lauren Costello was similarly impressed with the ceremony and added that the very large cake with the names of all the inductees was "fantastic." A delightful evening was had by all. Congratulations to the inductees and their proud parents

SCHOOLHOUSE ROCK

by Johanna Noakes

"It was the best production I have ever seen at Catholic High!" These were the words of CCHS Middle School Head Ms. Maureen Carroll. She was not alone in her praise for the Spring musical. Over 100 people were in the audience on both Friday and Saturday nights. The play included talented actors and actresses of diverse age groups that captured the attention of the audience as they sang the beloved songs from "Schoolhouse Rock!" and welcomed audience members to do so as well. The actors each had various contributions to the play as they sang and danced and cracked jokes on stage. Their talents were versatile!

The plot begins as Tom, a teacher about to start his first day in the classroom, imagines how he will use imagination and music to win-over his students. Ms. Carroll observed that the musical thoroughly engaged the audience and went on to praise the cast, the majority of who are middle schoolers. She singled out junior Angie Blaisdell who, she said, impressed as a "wonderful singer". Angie is a seasoned member of the Young Actors Guild as is fellow junior Andrew Vogt. Vogt who was convincing as the nervous but inspired first-day teacher, Tom. Patrick Casale was delightful as the "Bill who became a law". Michael Donnelly was a "wonderful Joe" and Natalia Zehner impressed as Shulie. Rounding out the case were ensemble players, Cecelia Hunt, Jason Soranno, Joshua Canary, Nolan Cleary, and Connor Danz.

The able stage crew of Paul Dowdell, and Tanner Gamache provided spot-on lighting and Geoff Miller pulled off sound design impeccably. Director D'Amico singled him out for special credit: Geoff Miller deserves a real hand as we could not have done the show without all of the time and equipment he donated for our use. He was an invaluable part of production. "Not only was the excellent keyboard accompaniment of Vincent Bonafide an essential element. Of the production.

The cast was united in their praise for new Drama Club moderator. Mary D'Amico, Director of the Young Actors Guild which has staged productions at RPI and the Egg in Albany. A number of performers had worked with Ms. D'Amico before in the Young Actors Guild. Vogt, Blaisdell, Casale, Connor Danz and Hailey Gurbey are all alumni of YAG. Gurbey first worked with Ms. D'Amico last winter when she participated in the Guild's Winter Break. Hailey said she would do it again and that she really had fun putting the production together and learning how to be in a production. Gruber went on to say that "Mary really knows what she is doing and guided us in the show." Hailey said she also liked choreographer CCHS graduate Jess Barlow (also an alum of YAG) who was "nice" and "always full of energy." Andrew Vogt affirmed that "Working with Mary was a lot of fun!"

Patrick Casale said that his favorite things were dancing and interacting with Junior Andrew Vogt. The younger students were all surprised how welcoming and helpful the high school actors were. All in all, "Schoolhouse Rock!" was an absolute success for the Drama Club! Our school community can't wait to see what these talented students will perform next year!

The Young Actors Guild will be presenting Mary Poppins this summer at RPI and welcomed everyone to check out their web page at youngactorsguildcapitalregion.org. Partial scholarships are available for interested students.)

WORLDQUEST COMPETITION

by Kay Valley

Academic WorldQuest is a global affairs and US foreign policy-based knowledge competition. This year, 12 students, on 3 teams of 4, represented CCHS at the International Center of the Capital Region's Academic WorldQuest competition. Our students spent a number of months preparing for the competition by studying global affairs and US foreign policy. Overall, one of our teams finished third.



This year at the 2017 Academic World Quest Competition held at the Staybridge Suites in Colonie.. Increasing from only one team last year, this year's CCHS teams were made up of Juniors Luke Clement, Jake Freehart, Nick Pacini, and Kay Valley, Sophomore Greg Daniels, and Freshmen Devon Harrigan, Zoe Henzel, Paul Barber, Sebastian Kania, Spencer Daley, Michael Paglia and Paul Barnas. Many of this year's participants plan on returning to next year's competition in hopes of claiming the first-place prize (participating in the National WorldQuest competition in Washington D.C.). Freshman Michael Paglia says he "enjoys the challenge" that Academic WorldQuest gives to the participants. We'll see what unfolds at next year's competition!

Co-advisors Mr. Krakat and Ms. Cuomo are looking forward to next year's competition as well, and are confident that our students will do even better next year. They would like to commend all of the students for the time and effort they put into preparing for the competition.

WINTER BASKETBALL CLASSIC

by Kay Valley

This year's Winter Classic, an annual fundraising basketball game between the seniors and the CCHS staff, took on a special meaning for the Catholic High Community. In memory of the beloved Mr. Richard Gilooly, (a dedicated fan of basketball and all sports), who had passed away only days before the event, seniors wore his last name on the back of their jerseys.

Following a reverent moment of silence shared by the students and staff members, the game commenced. The play was back-and-forth between the students and coaches, led by Mr. Curtin, Coach Audra DiBacco, Coach Barry, and Coach Nick of the freshman boys' basketball team. The seniors carried by Jaclene Reith's lights out three-point shooting and Dylan Behunin's speed (not to mention a phenomenal coaching job by Kelly Stanton and Taylor Engster, and some questionable calls made by referees Matt Korkemaz, Nick Pacini, and Luke Clement) were too much for the teachers to overcome.

In a nail biting one-point victory, the seniors emerged winners with the scoreboard reading 37-36. Not only did the Senior class bring a home a victory in honor of Mr. Gilooly, but all of the proceeds (Spots on the student roster are earned by Seniors who raise a predetermined amount of money.) were donated to the Unity House in Troy. Great job Seniors!

NEWS SHORTS

London Trip: 24 CCHS juniors and seniors went to London over spring break to learn about the English culture and European history. Check out the picture!



FBLA: On Aril 11, 130 Future Business Leaders of America made their annual trip to New York City. Participation in the club in the club in the months previous to the trip consist of meeting deadlines and learning to work as a group in a business setting. The trip serves not only as a reward for FBLA members, but also gives an opportunity to tour one of the world's most famous hubs for commercial and business interactions.



Diocesan Dance: The three diocesan high schools will hold a joint dance on Friday, May 19 in the CCHS gym.

Golf Tournament: CCHS will hold its annual golf tournament on June 24, 2017. Information and forms are available by contacting Ginny Bariteau at vbariteau@cchstroy.org or 518-235-7100.



Midnight Run: Last week, students from CCHS participated in a "Midnight Run" to provide food and other necessities to the homeless in New York City. The Midnight Run is organized through www.midnightrun.org. It depends completely on teams of volunteers who are willing to go out on a predetermined route to give food and clothing to the homeless. Five to six runs go out every night of the year beginning at 10:00 P.M. and breakfast runs happen on Saturday and Sunday mornings.



Twelve CCHS students went on the run, sponsored by CCHS Campus Ministry. Mrs. Pawlik and Mr. Carvalho transported the students while Peter Derway, Campus Minister

at SUNY Oneonta and Newman Center member Allison Murphy, transported the food and clothing down to New York City.

SPORTS PAGES

LACROSSE

by Samia Baker

Catholic Central's Girls' Lacrosse entered their second season as a varsity team this year. Led by senior captains: Lindsay Honsinger, Bayly Lammon, Colleen McDonnell, and Kelly Stanton, the team has come a long way since last year. They have won seven out of their eight games, two of the wins in overtime.

Their most recent win was against Academy of Holy Names where senior Bayly scored on a penalty shot in sudden death overtime. When asked about the goal, Lammon said "I didn't have time to think about the penalty shot, I just went with the flow. I was very shocked when I scored and super happy that we won the game. It was amazing afterwards cheering with my team. The best part was seeing how happy everyone was that we won."

When asked about the season, Captain Lindsay Honsinger said, "This season has been going great. The team has shown



so much progress since last season and has shocked all of the teams that we have played. We have started off strong and have yet to let our guard down."

The roster includes Seniors Colleen McDonnell (top scorer), Bayly Lammon, Lindsay Honsinger, Kelly Stanton, Samia Baker, Ava Sweeney, Sarah Ingalsbe; Juniors Hannah Field, Emma Field, Emily Carlow (Goalie), Sarah Wells, Bella Fanning, Emily Frodyma, Sophomores: Claudia Fountain, Adrianna Scaringe, Lia Casale, Lili Vanvorst, and Anna Clement; and Freshman Grace Field.

Given their record, the team looks forward to sectionals and will hopefully be receiving a high ranking. The team has high expectations for the rest of the season and hopes that they will continue to win in sectionals.

TRACK AND FIELD

Despite having only 3 Seniors on the roster, this year's Outdoor Track Team has been successful for the CCHS runners and their first-year coach, math teacher. Michael Dempsey. This Spring Coach Dempsey has had the help of assistant coach and business teacher. Matthew Curtin, parent Andres Jiminez (strength and conditioning), and 2010 CCHS graduates Christine Theophyl (sprints), Neil Danbury (throwing), and CCHS social studies teacher Lexi Cuomo.



Standouts this Spring have included Senior Jaclene Rieth (100 m hurdles, 4 x 100 m, 22 m, and 400 m. hurdles), Senior Dylan Behunin (800 m.), Junior James Faraci (mile run and 3200 m), Freshman Spencer Davis (mile run and steeplechase), and eighth-grader Sarah Mattfield (1500 m, 400 m hurdles, and steeple chase).

The team's 3 Seniors are: Co-Captain Dyan Behunin will attend Siena college in the fall where he plans to participate in cross country and outdoor track; Co-Captain Jaclene Rieth will matriculate at Siena College; and David Quell will be attending Hartwick College and playing football.

This year, in addition to the Colonial Council meets CCHS has participated in the Cohoes Relays, the Fonda Invitational and the Eddy meet in Schenectady. At the Cohoes Invitational the Distance Medley team of Dyan Behunin (1200 m), Spencer Daley (800 m), Joe Farley (400 m.), and James Faraci (3200) set a new school record of 11:59 besting the old record of 12:10 by 13 seconds. Also at the Cohoes Invitational the Frosh/Sophomore team of Jared Jiminez, Jonah Manupella, Byron Bennett, and James turner placed 6th in the 4 x 100 m relay in a field of 20 teams.

Other participants included **Juniors** Hailey Broberg, Alexis Byrd, Luke Clement, Nolan Cleary, Jacor Freeheart, Catherine Lee, Sidra McBain, John Murphy, Ruth Piperata, and Megan Schubmehl; **Sophomores** Zepn Cooper, Lauren Costello, Greg Daniels, Thomas Downey, Maya Ellis, Zoe Evans, Tess Gauthier, Shaikh ah Hanif, Andrew Moore, Rose Murphy, Mikayla Ryan, and Nicolette Ucci; Freshmen Paul Barnas, Colby Beach, Daniel Callahan, Devin Cushing, Nicholas Farley, Devon Harrington, Zoe Henzel, Sarah Insull, and Michael Paglia; and eighth graders Melody Ascoti, Gilbert Brefo, Cameron Gemmill, Sebastian Kania, Grace Rogers, and Sarah VanDenburgh.

Colonial Council finals will be held on May 16 at Ichabod Crane H.S. and Sectional Finals will take place of May 24 at Ravena-Coeymans-Selkirk H.S.

SOFTBALL

by Jenny Picarillo

Monday, May 15, CCHS softball qualified for sectionals with a win over Colonial Council opponent Watervliet. The Lady Crusaders softball team started off their season off with a record of 2 wins and 3 losses but has battled to improve their record and their skills.



The Lady Crusaders feel lucky to be coached by John Squadrito because he has brought his skills and mentality to help the girls in each game. Their team includes six Seniors, Shayla McCarol, Jenny Picarillo, Taylor Engster, Madison Miller, Anna Bruno, and Pam Gao. These Seniors feel confident leaving Juniors, Sammi Allen, Alex Ortiz, Angie



Blaisdell, Abby Kacensky, Jane Field, and Erin Kelly because of their promising abilities on the field. The Lady Crusaders captains, Jenny Picarillo, Madison Miller, Taylor Engster, and Shayla McCarol show great leadership and always have positive attitudes. This team plays their hardest each and every game showing their dedication, and love for the game. Shown in their wins against Cobleskill and Ravena we can see that their hard work has paid off. Homeruns have been hit by

players Taylor Engster, Jenny Picarillo, and Sammi Allen. Senior, Anna Bruno said, "I was so happy and lucky to have a team that works so hard together and that has created such a close bond with one another". Senior Jenny Picarillo said, "My last season playing has definitely been the best one yet! It doesn't matter if we win every game, but that we have fun playing!" On the bench or in the field they always have each other backs, cheering each other on. Coach Squadrito said, "We have had a slow start to the season due to the weather but we hope to defeat many teams in the future."

BASEBALL

by Thomas Thayer

The season has been a tough one for Boys' Baseball, but despite injuries to a number of their key players, the boys are holding their chins high and are a tight-knit group. Led by their captains John Frattianni (Junior), JP Lynch: (Junior), and Bradon McFerran, and coaches, they have worked hard, endured the rainy days, and enjoyed the sunny ones. Second-year Head Coach/Manager Richard Hughto and assistant coaches Kyle Sharp, Richard Hughto, Sr, Mark Curry (CCHS 2016), and Jimmy Harrigan have pushed the players to improve and it shows.

The highlight of the season so far was a 9-7 extra innings win at Cohoes. JP Lynch pitched as the starter and John Frattianni came in to close it out. The win was a total team effort and showed the promise of things to come.

The roster also includes Seniors Matt Kaorkemaz, and Markian Lee; Juniors Jack Furlong, John Paul Loughlin, Joe Grignon, and Tom Thayer; Sophomores Mike Hawron, Noah Miller, and Joe Clinton; Freshmen Paul Barber and Patrick Clinton; and Seventh -Grader Matthew Barber.

The team only graduates 3 seniors this year and with most of the team returning next season, and a great young coaching staff things are looking up for the program.

Answers to JUST FOR FUN

(1) Jamale Dickson; (2) Cornell University; (3) Young Actors Guild; (4) 28; (5) WorldQuest; (6) The Seniors; (7). 130; (8). Track, Lacrosse, and Softball.

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Editors: Greg Stamas and Sarah Ingalsbe. Reporters: Johanna Noakes, Samia Baker, Jenny Picarillo, Thomas Thayer, and Kay Valley. Moderator: Mrs. Gallati.